

30 April. 6.30 - Roquets and rushes. 7.00 - Croquet strokes, the drive and the stop shot. 7.30 - Competition.

Note your results and practice all those you failed on.

Distance

1. Declare max distance you can hit a ball and prove it twice.

Roquets

1. Declare 99% distance you can make a roquet and prove it with 5 roquets
2. Declare 50% distance you can make a roquet and prove it with 6 roquets

Rushes

1. Declare max distance to make a 2 yard accurate straight rush and prove it with 3 rushes
2. Declare max distance you can rush in a straight line from a 1 foot rush and prove it with 3 rushes
3. Make 6 45° rushes for 1 yard (3 left, 3 right).

Drive

1. Declare max distance you can drive a ball and prove it twice.
2. Declare your drive ratio and prove it with 3 drives (short medium and long)

Stop shot

1. Declare max distance you can stop shot a ball and prove it twice.
2. Declare your stop shot ratio and prove it with 3 drives (short medium and long).
3. Make 3 stop shots with the stab approach to a hoop.

7 May. 6.30 - Croquet strokes, the roll, stab roll and the take-off. 7.00 - Finding your limit for croquet strokes. 7.30 - Competition.

Roll shots

1. Declare max distance you can roll two balls and prove it 4 times.
2. Make 3 overtake roll shots for approx 10 yards.
3. Make 3 half roll shots with the stab roll approach to a hoop.

Take-off

1. Go round the court corners with 4 take-off shots corner to corner (two from each side of the croqueted ball).
2. Do a 15 yard thick take-off moving the croqueted ball about 2 yards.

14 May. 6.30 - Approaching a hoop from in front, forward sideways and reverse rushes. 7.00 - Approaching a hoop from behind and the side. 7.30 - Competition.

In front

1. Approach to get your ball in front of the hoop from 2 yards, 1 yard, 1 foot, 3 inches. Position of croqueted ball unimportant.
2. Repeat 1 but get a rush after the hoop as follows
  - 2 yards - Forward; to the left; behind
  - 1 Yard - Forward; to the left; behind
  - 1 foot - To the right; behind

Sideways

1. Approach to get your ball in front of the hoop from 2 yards, 1 yard, 1 foot, 3 inches. Position of croqueted ball unimportant.

Behind

1. Approach to get your ball in front of the hoop from directly behind and at 45°, 1 foot and 1 yard away. Position of croqueted ball unimportant.

21 May. 6.30 - Hampered shots. 7.00 peels.

Hampered shots

Try each hampered shot after I have demonstrated it. Note those you find hard and mark them down for practice.

Peels

Try peels after I have demonstrated them.

ACHIEVEMENT RECORD

NAME

SUBJECT	TARGET	DONE	COMMENTS
Max distance you can hit a ball	Diagonal corner to corner		Tick when targets achieved or fill in amount achieved so far
99% distance you can make a roquet	2.5 yards		
50% distance you can make a roquet	5 yards		
Max distance to make an accurate straight rush for 2 yards	1 yard		I.e. ball to be rushed is 1 yard away
Max rush distance in a straight line from 1 ft	20 Yards		Repeatable, not just a one-off!
Make 45° rushes for 1 yard	Do them		Left and right
Max distance you can drive a ball	Length of lawn		
Your drive ratio	Find it and note down		
Stop shot ratio	Find it and note it down		
Max distance you can stop shot a ball	20 yards		
Stab stop shot	Get in front of hoop		Only for hoop approaches
Max distance you can roll two balls	15 yards		Accurately!
Overtake roll shots	By 10%		
Stab roll approach to a hoop	From 2 yards in front of hoop		
Take-offs	Length of lawn		From both sides of croqueted ball
Thick take-offs	Move croqueted ball 2 yards		And be accurate with your ball
Hoop approaches - 2 yards in front - get a rush after the hoop  1 yard in front - get a rush after the hoop  1 foot in front - get a rush after the hoop	Forward; to the left or right; behind  Forward; to the left or right; behind  To the left or right; behind		NB. To get these rushes requires many different types of croquet stroke - drives, stops etc. You should have a full range of approach shots, not just a roll-up every time.  Tick each type of rush individually when you can do it.
Hoop approaches - side	2 yards, 1 yard, 1 foot, 3 inches		Don't worry too much about the croqueted ball's position.
Hoop approaches - behind	2 yards, 1 yard, 1 foot, 3 inches		Just get the hoop!